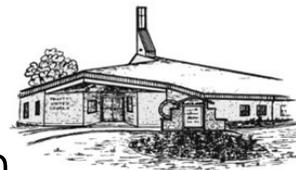




# Trinity United Church

## The Life and Work of the Church



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### Thanksgiving Sunday

### Breads of the World

October 13th, Worship Service

Join us— there is so much to celebrate!



A variety of breads representing countries of the world and jams are needed for this event. Sign up sheets to bring bread or jam for this celebration are located in the Narthex. Plan now to attend!

### Marketplace: Vendor Sale

November 16th, Trinity United Church

The Marketplace is a wonderful opportunity to buy local, handmade products and cross some names off your Christmas shopping list!



All proceeds from the Marketplace support our Snowflake Tree – helping to provide a Christmas for children in our local community.

### Did you know that Trinity is open midweek?

Trinity plays host to a variety of weekly activities and new participants are always welcome!

**Mondays:** Shuffle Board, WAAC Fitness

**Tuesdays:** Yoga, SMART Fitness VON

**Wednesdays:** Euchre

**Thursdays:** Shuffle Board, Choir

Call the office or visit our website to learn more about our weekly programming and to stay connected to our monthly events!

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### Congratulations Trinity!

Join us on October 27th as we celebrate **Trinity's 177th Anniversary** as a congregation and 39 years in our 750 Wellington Street building! Happy Anniversary!

## ***From Sandra's desk to you...***

I have been privileged to spend time in nature for some holidays and weekends recently. Ah! Such beauty! The wonder of it... it all works together.

When will we learn from nature's wisdom?

It is humbling to see a fissure in a rock formation and to try to comprehend the power it must have taken to sever the rock. It is astounding to see the trees growing on rock and the roots adapting around the rock. It is inspiring to witness the symbiotic relationships between the plants, the fungus, the insects, the animals and how the diversity works together. It is heartbreaking to uncover a carcass or remains of an animal and wonder about its struggle and yet witness the gift of scavengers that clean it up. It is devastating to know the beauty that surrounds you can and has been sold to the highest bidder. It is uplifting to hear that there are people who are donating land for preservation.



It is all such a balance; the balance of life.

I pray for each of us that we find this balance. I pray we can accept our struggles and face them head on with faith and trust and still seek the joys and blessings in our life.

It is the season of creation. May we be truly grateful for all that this earth provides for us. In our gratitude, may we find ways to use the earth and her offerings gently. I hope you enter and travel through this harvest season, reaping the abundance of God's good world!

In Peace

Sandra Maltby-Mills

# NEWS

Almost one year ago the **Food Rescue Program** was introduced to the churches in Chatham Kent.

This program consists of businesses that donate excess food, left over food or near expiry canned food, etc. to the program and it is handed out to various churches who participate in the program.

The Black Goose restaurant donates their left over soup every day and Trinity collects it on Fridays. We have purchased plastic containers to "scoop the soup" in, freeze it, then hand it out at our community meals and apartment buildings where there may be a need for this extra food.

Every Friday morning a small group of people meet to "scoop the soup" and it is delivered a few days later. This is a very worthwhile program that benefits many people in our town and Trinity should be proud of its efforts. If you are in The Black Goose restaurant and see Mark Childs, be sure to thank him for his part in contributing to people who need a little extra.

To save a little expense, we could use some plastic containers, 500 ml and 650 ml, cleaned and dropped off in the kitchen.

**SHUFFLEBOARD:** A very active group of "shufflers" meet Monday and Thursday mornings, 9:30 to enjoy a morning of playing shuffleboard and stopping for a great snack and coffee and tea. We encourage anyone who has been thinking about trying it out, to come and see how easy it is. Over the summer the group had the gym floor waxed and buffed so it is even easier to get the pucks from one end to the other. Come and join us! No experience needed!!

**The Ministry and Personnel Committee** had some sad news this year in the sudden passing of Mary Hind. She had been a long-standing member of the committee and was an absolute delight to work with. We will certainly miss Mary's quiet dedication to the committee and to her work in the church in general.

On a positive note, we welcome Carolyn Bridge as our newest member to M and P. We look forward to having Carolyn on the committee.

Our contract employees all continue to do an excellent job. You have likely noticed how beautiful Ana has been keeping the gardens over the summer period including the peace garden. Our newest staff member, Debbie Curtis, has been doing a great job on admin and fitting in to all aspects of our church activities. Sandra has had her hours extended temporarily while we search for a new minister and has been continuing her work in pastoral care. Laura has continued her music ministry during the summer months. The full choir resume again starting with the service on Sept 8th.

As for myself, I'm one of the 7 members on the search committee who have been working diligently to find a new minister. Cheryl's role in the church has not been easy to fill, but we persist and look forward to the day we have a new minister of worship in place.

In the meantime, we have a good group of pulpit supply people to continue with Sunday worship and continue to welcome everyone to join in on Sunday to take time to worship the Lord, and learn of the life and teachings of Jesus to help us on our path towards Christianity.

Thank you to all who donated and volunteered at our Yard Sale & BBQ on June 8th. **We raised a total of \$1009.35.**



Special Thanks to our Coordinator Evelyn Mayo and the many volunteers!



**Kenesserie Walk-a-thon:**  
Team Trinity raised \$505.00!  
Thank you to all who sponsored us!

**Trinity's Choir season has begun!**  
Choir Practice takes place every Thursday at 7:15pm.  
The choir is always welcoming new members!



**We are just "flushed" to have the new toilets installed.**  
Thanks Doug!

# NEWS



**Your friendly reminder:** Daylights Savings Time ends on November 3rd. Clocks 'fall' back an hour.

## Pastoral Care

This summer was a busy time for pastoral care. I am blessed to be able to accompany people in their journey through difficult times.

Thank you to all who are keeping me informed of our congregation members, family and friends concerns. I'll take this opportunity to remind you that there is no longer a patient list available to clergy because of confidentiality reasons. Please let me know or ask someone in the congregation to let me know if you would like a visit in the hospital.

Chiming continues to be an enjoyable program at Fairfield Park. It is wonderful to be able to hear the melodies emerging from each individual playing separate notes. Making music is a wonderful act of creation, and with the chimes everyone can enjoy!

The word on Trinity Yoga is getting out! We now have many people who are joining us from outside the congregation. It is exciting to note that there are couples enjoying the benefits of focus, balance, strength and relaxation together, so men don't be shy. All abilities are welcome, whether you use the floor or chair or both. Try it out! Every Tuesday from 6:30-7:30pm.

In June, there was a meeting of concerned people who work on the front line with mental health and substance misuse in the Wallaceburg area. They were invited to attend a community roundtable discussion. Some concerned members from our congregation attended as well. All who came were enthusiastic and eager for the opportunity to gather together and share their frustrations and viewpoints of what is happening, what is missing and what needs to be addressed.

Here is a quick summary of what was discussed:

- There need to be relationships established. Connections are very important and perhaps the only way to improve the situation
- People living with substance misuse need to be loved and welcomed in some way. Many see the substance use and are fearful and stay away.
- Education is key! There is a lack of understanding because of the complicated situations surrounding substance misuse.
- Trauma is often at the root and/or coming from bad relationships.
- Education is critical so we can deal with a person with substance misuse properly and with love.
- Training to pick up on mental health issues before substance use is involved, would be helpful.

If you would like a more detailed outline of the summary, please let Sandra know.

An educational event is being planned for Oct. 22nd. Another meeting of the group will take place September 18th. If you are interested in participating, please contact Sandra.

# UPCOMING Events

Trinity's monthly **Community Meal** will begin after its summer hiatus on September 27th at 5:30pm. Trinity plays host to the 'Community Meal' on the **4th Friday of every month** (with the exception of July, August, and December). Community Meals are for all to attend and we welcome you to **join us, and bring a friend! Bon Appetite!**



**October 20th**, following our Sunday Service, **warm soup and apple crisp** will be served!

The perfect combo for an autumn day. Plan to join us for lunch!



A **freewill offering** will be collected by the Mission and Outreach committee in support of the **WDSS Bagged Lunch Program** (providing lunch to those without).

**World Food Day** is a day of action dedicated to tackling global hunger. Held annually on October 16th, people from around the world will come together to declare their commitment to eradicate worldwide hunger from our lifetime.

Celebrating the creation of the Food and Agriculture Organization (FAO), events are organized in over 150 countries across the world, making it one of the most celebrated days of the UN calendar. These events promote worldwide awareness and action for those who suffer from hunger and for the need to ensure food security and nutritious diets for all.

## **Eight Reasons Why Zero Hunger Changes the World**

1. Zero hunger could save the lives of **3.1 million children a year**.
2. Well-nourished mothers have **healthier babies** with stronger immune systems
3. Ending child undernutrition could increase a developing country's **GDP by 16.5 percent**
4. A dollar invested in hunger prevention could return **between \$15 and \$139 in benefits**
5. Proper nutrition early in life could mean **46 percent more in lifetime earnings**
6. Eliminating iron deficiency in a population could **boost workplace productivity by 20 percent**
7. Ending nutrition-related child mortality could **increase a workforce by 9.4 percent**
8. Zero hunger can help build a **safer, more prosperous world for everyone**

**Please consider a donation  
to the Mission & Service Fund**

The call is out to youth! Trinity Kids is back!

We are looking forward to seeing everybody and having fun together and discovering more of God's world. For our youth events coming up we have apple picking, nerf battles, shuffleboard, photography.

Sandra is especially excited about an event Friday, September 20th. Join her and participate in 'Boxes and Blankets'! It raises awareness and funds for homelessness. You will have an opportunity to experience life on the street with a box and a blanket. There is another youth group participating as well.

Here is the link: <https://www.chathamhopehaven.com/job-opportunities>

Please indicate your interest in attending. If you would like to get sponsors there is a sponsor sheet with the link or request one to be printed for you at the church office.

Blessings to all in this new school year!

